

Explore *your* future



"To live a creative life, we must lose our fear of being wrong." *Joseph Chilton Perce*



Fill out and/or use as guide during a coaching phone call or face-to-face meeting. When completed, review each answer and discuss the implications for one's career choices. Usually one or two questions spark a strong reaction that is most useful in making decisions.

For a coachee or mentee



In transition or during uncertainty about one's career direction



<http://www.jobhuntersbible.com>

Cautions:



- Answer with reflection and allow imagination and excitement to flow
- Don't evaluate or judge the answer too quickly
- Allow enough time to understand the meaning of specific answers or the contrasts to the current work picture
- Avoid rushing through the last three questions
- Ask related follow-on questions

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Instructions

These questions will guide you in painting a picture of your ideal situation. **Imagine a typical day in three to five years.** There are no right or wrong answers. Have fun with it!

1. What are you doing throughout the day? (Your agenda and activities, decision-making levels and topics, mental and manual tasks, etc.)
2. To whom are you speaking? (How, what, and where, access to whom and influence of whom, etc.)
3. Where are you? (Physical environment, geography, space, surrounding, smells, etc.)
4. What are you wearing?
5. What kind of meetings are you attending, if any? What are they like?
6. How and for what are people coming to you? What are people saying to you?

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7. How are you feeling?

8. When do you go home and to whom?

9. What brings you joy? Pride?



- Continue to discuss the picture and how it is alike or different from the current position
- Glean appropriate goals that will move you toward the ideal job